

GLYCOLIC ACID PEELINGS

for facial acne and melasma

Principle

Alpha Hydroxy Acids (AHA), belong to the organic acids, and are used to resolve the “glue” that makes dead cells stick to skin.

A superficial chemical peeling (glycolic acids) removes the superficial layer of the skin. Glycolic acid peelings are effective for acne patients or patients with mild acne scars. Glycolic acids remove the obstruction of the sebaceous gland ducts, which causes acne. Some brownish spots, such as superficial melasma, also fade.

In our clinic experienced skin therapists perform glycolic acid treatment with high concentrations, even up to 70 %, much higher than is usually used in beauty salons.

Procedure

The first step is a personal consultation with a skin therapist or dermatologist. The optimal treatment with regard to your specific skin type is determined. The actual treatment takes about 20 minutes. The glycolic acid solution is applied on well cleaned skin for 3 minutes, followed by thorough rinsing. For good results 6 to 8 peels are required at 1 week intervals, using increasing concentrations of AHA or longer time of exposure

During the treatment period the skin should not be exposed to sunlight or artificial UV light, to avoid the risk of unwanted discoloration.

Side effects

During the application of the solution on the skin a brief stinging and unpleasant sensation may be experienced. Immediately after the treatment some redness and swelling may occur. High concentrations of AHA may cause some oozing and scaling of the skin (indicating skin renewal). Make-up can be used right away.

Most insurance companies refund the costs of peelings for acne patients in full or in part.

Other treatment options in our clinic

- long term hair removal by laser or flashlamp
- reduction of telangiectasias in the face and neck by laser or flashlamp
- camouflage, manual lymph drainage and treatment of excessive perspiration (Botox),
- electric needle hair removal (electrolysis) in case of hairs not suitable for laser treatment

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